

# Caring for your purr-fect companion

Keep your kitty happy and healthy with these tips.

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## Pounce on changes in behavior

Cats are good at concealing signs that they don't feel well. Watch out for small changes in behavior.

- Changes in litter box habits
- Changes in food/water intake
- Weight fluctuations
- Loss of interest in grooming
- Loss of agility or balance
- Changes in activity level



## Common cat-astrophes

**Foreign body ingestion**  
Average cost to treat:

**\$1,668**

**Kidney disease**  
Average cost to treat:

**\$628**

**Hyperthyroid**  
Average cost to treat:

**\$360**

*Average costs based on Nationwide claims data*



## Periodontitis: It's a meow-th full!

By the age of 3, many cats have dental disease.

The early signs include bad breath, yellow tartar buildup and red or swollen gums.



## Tread lightly with chonky cats

Just two extra pounds can put cats at risk for developing serious medical conditions.<sup>1</sup>

Seek veterinary guidance about ways to safely help your pet reduce calories or lose weight.

## Your cat does a lot for you

The calming presence of your cat can improve your health—really!<sup>2</sup>

- ♡ Relieve depression
- ♡ Lower blood pressure
- ♡ Improve heart health
- ♡ Reduce stress levels



**Protect your kitty today with Nationwide® cat insurance. Get a quote at [petinsurance.com](https://petinsurance.com).**

[1] Source: Association for Pet Obesity Prevention [2] HABRI [https://habri.org/assets/uploads/HAB\\_The-Pet-Effect\\_Poster\\_11x8p5.pdf](https://habri.org/assets/uploads/HAB_The-Pet-Effect_Poster_11x8p5.pdf).

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